

ALAMEDA HIGH SCHOOL ATHLETICS
CONTACT & TRYOUT INFORMATION - 2018/2019

Please email head coach to inquire about voluntary summer workouts.

FALL SPORTS

Football - **Tryouts** begin on Wednesday, August 1st - Thompson Fld. Paulo Sunia @ paulo_sunia@yahoo.com.
W. Volleyball - **Tryouts** begin Monday, August 6th - New Gym. David Ho @ davidho.ahsvolleyball@gmail.com.
Cross Country - **Tryouts** begin Monday August 13th. Nino Hernandez @ alienmobster@aol.com.
W. Golf - Scott Slez - sslez@comcast.net.
W. Tennis - **Tryouts** begin on Monday, August 13th - Tennis Courts. Manish Singh @ mksinghtx@gmail.com,
Jenna Freck @ jennarations@gmail.com; chansen@alamedaunified.org.
M. Water polo - **Tryouts** begin Monday, August 13th - Swm Ctr. Marshall Dortch @ mandmdortch@att.net.
W. Water polo - **Tryouts** begin Monday, August 13th - Swm Ctr. Jared Thompson @ jaredthompson@att.net.

WINTER SPORTS - M. & W. Basketball, M. & W. Soccer - **Tryouts** begin October 29th

M. Basketball - Cameron Quick - cpquick@yahoo.com.
W. Basketball - Augie Valdez - coach_augie@yahoo.com
M. Soccer - Dannylo Ayllon - futgod06@yahoo.com
W. Soccer - Abu Pigott - agpdc1992@gmail.com

SPRING SPORTS - Baseball, Softball, M. & W. Swimming & Diving, M. Tennis, M. Volleyball, Badminton, M. Golf, Track - **Tryouts** begin January 28th

Baseball - Ken Arnerich - ColleenArnerich@aol.com.
Softball - Keegan Andolsek - Keegan.Andolsek@gmail.com
M. Swimming - Marshall Dortch - mandmdortch@att.net
W. Swimming - Erica Escalante - EricaLEscalante@gmail.com
M. & W. Diving - Maureen Mitchell - alamedahighdiving@gmail.com
M. Tennis - Manish Singh - mksinghtx@gmail.com
M. Volleyball - Peter Ohno - peteo779@yahoo.com
Badminton - tvo@alamedaunified.org
M. Golf - Scott Slez - sslez@comcast.net
Track - Marty Beene - martybeene@comcast.net

ATHLETIC DIRECTOR - Brad Thomas - bthomas@alamedaunified.org

ATHLETIC BOOSTER WEBSITE - <http://www.ahs-athletics-boosters.com/>

ON-LINE REGISTRATION

All student-athletes' parents must have completed our on-line registration BEFORE (s)he will be allowed to tryout. Please go to the AHS School Loop page - go to the Athletics tab and click on Eligibility and Forms - click the link next to Physical Eligibility and this will take you to Family Id. You will need to set up your own account and fill out all of the information. You will also need to print out a hard copy of the medical form, fill out your child's medical history, take the form to a doctor (physical must be dated AFTER 6/30), then upload the form (if you do not have access to a scanner, take a picture from your phone and upload from there).

Issues that may hold up registration approval.

1. Please use PARENT'S EMAIL ADDRESS.
2. Parents can NOT be used as emergency contacts

3. You must use the medical form on Family Id - make sure that it is completely filled out, including the physician's stamp.